



**PERINATAL  
SUPPORT** WASHINGTON

**TRAUMA AND BIRTH: MULTIDISCIPLINARY APPROACHES TO PREVENTION AND HEALING MARCH 28-30<sup>TH</sup> 2019**

<b>Treatment Interventions</b>	<b>The Infant in the Room</b>	<b>Understanding Perinatal Loss</b>	<b>Addressing Health Disparities</b>	<b>Addressing the Needs of Partners</b>	<b>Peer Support and Community Programming</b>	<b>Strategies for Systems Level Change</b>
<p><b>Bethany Warren, LCSW, MSW</b> EMDR Therapy for PTSD Related to Childbirth Trauma</p>	<p><b>Fawn McCool LICSW</b> From Surviving to Thriving: Healing the Embodied Brain in the NICU Families</p>	<p><b>Joanne O'Leary, PhD, MPH</b> Trauma of Perinatal Loss and the Pregnancy that Follows</p>	<p><b>Patajali de la Rocha, CD (DONA)</b> Mapping the Legacy of Colonial Violence Against Women of Color Within the Landscape of Medicalized Birth</p>	<p><b>Anna Brandon, PhD</b> Partner-Assisted Interpersonal Psychotherapy Targeting Pregnancy-Related Trauma</p>	<p>Panel Discussion on Innovative Programs: Best Start for Kids, Program for Early Parent Support (PEPS) and First Steps Maternity Support Services</p>	<p><b>Christine Conrad, BSN &amp; Katie Conklin, BSN</b> Creating Positive Birth Experiences: Building a Birth Planning Program for Women with a History of Trauma</p>
<p><b>Michelle Anderson, LMHC</b> Integrating Traumatic childbirth Using Lifespan Integration and Mindfulness Strategies</p>	<p><b>Phyllis Klaus, LMFT</b> Prenatal and Perinatal Trauma Can Affect the Attachment/Bond</p>	<p><b>Deborah Rich, Ph.D.</b> Post-Traumatic Stress Disorder Following Early and Late Pregnancy Loss: Risk Factors, Early Identification and Early Intervention</p>	<p><b>KEYNOTE: Timoria McQueen Saba</b> Patient Perspective: Overcoming Mental and Physical Trauma after Childbirth: Disparities and Inequities in Maternal Healthcare</p>	<p><b>Suzanne Swanson, PhD</b> Introducing Another Birth/Another Story©: A Class for Pregnant Couples after Previous Perinatal Trauma</p>	<p><b>Laura Fry, MS Katherine McGee, DPT</b> The Emotional Trauma of Severe Perineal Tear: Peer Support and Advocacy</p>	<p><b>KEYNOTE: Christine Morton, Ph.D</b> Addressing the Needs of Families who have Experienced Birth Trauma, Creating Policies for Improving Patient Outcomes</p>
<p><b>Leslie Butterfield, PhD</b> Self-Compassion: A Road to Resilience Following Traumatic Birth</p>		<p><b>Kiley Hanish, ODT</b> Impact of Community-Based Women's Retreat after Perinatal Loss</p>	<p><b>Shivonne Odom, LCPC</b> African American Maternal Mental Health and Maternal Mortality: Why Cultural Humility is Important</p>	<p><b>Heidi Koss, MA, LMHC</b> Preparing Patients and Partners for Subsequent Birth After a Previous Traumatic Birth Experience</p>	<p><b>Lorriisa Eichenberger, LMFT</b> A Space to Heal - A Curriculum-Based Birth Trauma Group</p>	<p><b>KEYNOTE: Matt Norvell, DiV</b> RISE: Resilience In Stressful Events: Providing Support for Clinicians who Encounter Traumatic Patient Related Events</p>
<p><b>Amritha Bhat, MD Deb Cowley, MD and presenters</b> Trauma and Substance Abuse in the Perinatal Period –Presentation and Treatment Recommendations</p>			<p><b>KEYNOTE: Sayida Peprah, Psy.D</b> Understanding the Maternal Health Impacts of Transgenerational, Complex &amp; Sexual Trauma on Pregnant, Birthing and Postpartum African American Mothers</p>			