



**PERINATAL
SUPPORT** WASHINGTON

TRAUMA AND BIRTH: MULTIDISCIPLINARY APPROACHES TO PREVENTION AND HEALING MARCH 28-30TH 2019

Treatment Interventions	The Infant in the Room	Understanding Perinatal Loss	Addressing Health Disparities	Addressing the Needs of Partners	Peer Support and Community Programming	Strategies for Systems Level Change
<p>Bethany Warren, LCSW, MSW EMDR Therapy for PTSD Related to Childbirth Trauma</p>	<p>Fawn McCool LICSW From Surviving to Thriving: Healing the Embodied Brain in the NICU Families</p>	<p>Joanne O'Leary, PhD, MPH Trauma of Perinatal Loss and the Pregnancy that Follows</p>	<p>Patanjali de la Rocha, CD (DONA) Mapping the Legacy of Colonial Violence Against Women of Color Within the Landscape of Medicalized Birth</p>	<p>Anna Brandon, PhD Partner-Assisted Interpersonal Psychotherapy Targeting Pregnancy-Related Trauma</p>	<p>Panel Discussion on Innovative Programs: Best Start for Kids, Program for Early Parent Support (PEPS) and First Steps Maternity Support Services</p>	<p>Christine Conrad, BSN & Katie Conklin, BSN Creating Positive Birth Experiences: Building a Birth Planning Program for Women with a History of Trauma</p>
<p>Michelle Anderson, LMHC Integrating Traumatic childbirth Using Lifespan Integration and Mindfulness Strategies</p>	<p>Phyllis Klaus, LMFT Prenatal and Perinatal Trauma Can Affect the Attachment/Bond</p>	<p>Deborah Rich, Ph.D. Post-Traumatic Stress Disorder Following Early and Late Pregnancy Loss: Risk Factors, Early Identification and Early Intervention</p>	<p>KEYNOTE: Timoria McQueen Saba Patient Perspective: Overcoming Mental and Physical Trauma after Childbirth: Disparities and Inequities in Maternal Healthcare</p>	<p>Suzanne Swanson, PhD Introducing Another Birth/Another Story©: A Class for Pregnant Couples after Previous Perinatal Trauma</p>	<p>Laura Fry, MS Katherine McGee, DPT The Emotional Trauma of Severe Perineal Tear: Peer Support and Advocacy</p>	<p>KEYNOTE: Christine Morton, Ph.D Addressing the Needs of Families who have Experienced Birth Trauma, Creating Policies for Improving Patient Outcomes</p>
<p>Leslie Butterfield, PhD Self-Compassion: A Road to Resilience Following Traumatic Birth</p>		<p>Kiley Hanish, ODT Impact of Community-Based Women's Retreat after Perinatal Loss</p>	<p>Shivonne Odom, LCPC African American Maternal Mental Health and Maternal Mortality: Why Cultural Humility is Important</p>	<p>Heidi Koss, MA, LMHC Preparing Patients and Partners for Subsequent Birth After a Previous Traumatic Birth Experience</p>	<p>Lorriisa Eichenberger, LMFT A Space to Heal - A Curriculum-Based Birth Trauma Group</p>	<p>KEYNOTE: Matt Norvell, DiV RISE: Resilience In Stressful Events: Providing Support for Clinicians who Encounter Traumatic Patient Related Events</p>
<p>Amritha Bhat, MD Deb Cowley, MD and presenters Trauma and Substance Abuse in the Perinatal Period –Presentation and Treatment Recommendations</p>			<p>KEYNOTE: Sayida Peprah, Psy.D Understanding the Maternal Health Impacts of Transgenerational, Complex & Sexual Trauma on Pregnant, Birthing and Postpartum African American Mothers</p>			