



JOIN PERINATAL SUPPORT WASHINGTON'S BOARD!

Perinatal Support Washington (PS-WA) is a statewide non-profit committed to shining a light on perinatal mental health to support all families and communities. We believe all parents should receive appropriate, timely, and culturally relevant care from conception to baby's first birthday.

Our toll-free telephone support "Warm Line" has been operating since 1991, providing peer support to parents in need. We partner with local organizations to provide free and low-cost new parent support groups, create or expand perinatal mental health programs, and advocate for change in Washington State. In 2019, we trained over 1,000 health care providers in identification, assessment, and treatment of perinatal mood and anxiety disorders. We do all of this with the help of our dedicated staff, board members, and dozens of volunteers.

We envision a world that fully supports the emotional health of parents - making our families, communities, and care systems stronger.

We're seeking individuals who:

Have one or more of the following skills:

Fundraising
PR & Branding
Legal
Government Relations & Policy
Diversity, Equity, & Inclusion (DEI)

Bring the following perspectives:

Dads & LGBTQIA+ partners
Diverse racial or ethnic backgrounds
Diverse socio-economic backgrounds
Residency in Central or Eastern WA

Responsibilities of Board Members

Each board member is expected to:

- know and evaluate our mission, goals, policies, programs, strengths, and needs
- leverage connections and networks to secure the resources and partnerships necessary to advance our mission
- serve as active advocates and ambassadors to increase our fundraising and awareness efforts
- participate in strategic and organizational planning
- give a personally meaningful financial donation
- read and understand our financial statements and annual budget
- prepare for, attend, and participate in bimonthly board meetings
- participate fully in bimonthly meetings of one committee (Finance & Fundraising, Governance, or Strategic Planning)

Interested in learning more? Contact Executive Director Allie Johnson at allie.johnson@perinatalsupport.org