



Position Announcement: Clinical Intern/Extern

About the Organization

[Perinatal Support Washington](#) (PS-WA) is a statewide non-profit committed to shining a light on perinatal mental health to support all families and communities. Our vision: All parents receive appropriate, timely, and culturally relevant care during the perinatal period.

Our core programs include a Warm Line that serves families experiencing perinatal mental health complications, free and low-cost new parent support groups, clinical therapy program, culturally matched peer support, training and consultation for health care providers, and education and advocacy to improve systems of care.

About the Clinical Training for Intern and Externs.

Perinatal Support Washington Launched a new clinical training program in Fall 2020, we are recruiting for our 2nd cohort of interns and externs beginning Fall 2021.

The objectives of this program are:

- To provide high quality perinatal mental health services to communities that have systematically lacked access to this specialized care. Families will be served regardless of income level or insurance status.
- Train therapists of color to increase access to culturally matched services.
- Train therapists with intention of continuing in the perinatal mental health field to increase high quality supports for parents in Washington state.

Overview of clinical CORE services Interns/Externs will provide:

- Home based therapy: Provide therapy to pregnant/new parents in their homes.
- Tele-health: Provide therapy to new parents via secure tele-health platform.
- Embedded Services: Interns/Externs are embedded at local organizations throughout King, Pierce and Snohomish Counties that currently serve childbearing people. Interns/Externs will provide individual and/or group therapy. Interns/Externs may attend staff meetings and/or have a supervisor on site. All clinical training and supervision will be provided by PS-WA clinical staff.
- Office based therapy for interns/externs who are available to meet with clients in the evening or weekends.
- Note: This is a unique opportunity for an intern/extern to bring perinatal mental health services to your community and provide culturally matched services. Through partnerships with local non-profits serving diverse

communities we can grow culturally matched services throughout the Puget Sound region. New partnerships welcome!

** Clinicians may be assigned to a combination of these services.

** PS-WA will adhere to public health recommendations regarding in person meetings and will utilize tele-health options when not able to meet in person.

Other clinical opportunities:

- Support groups for pregnant or new parents.
- Warm Line: Provide ongoing supportive brief therapy via phone.

Perinatal Mental Health Training Overview

- Weekly 90 min team training covering:
 - Perinatal Mental Health Spectrum of experiences and diagnoses.
 - General mental health skills (how to complete an perinatal mental health intake, clinical notes, treatment planning, treatment via telemental health, etc).
- Bi-weekly 75 min clinical team meetings/case consultation.
- Weekly supervision- 1:1 or dyads depending on case load.
- Interns/Externs are invited and encouraged to attend PS-WA training throughout the year such as:
 - 1 or 2 Day Perinatal Mental Health Trainings
 - Group Peer Support Facilitator training (fall 2021)
 - Any speciality trainings hosted by Perinatal Support WA
 - Tentative training 2021-2022 (subject to change)
 - Mindfulness based CBT for Postpartum Depression
 - Quarterly webinars on specialized topics

Schedule and Commitment

Start Date: Sept 2021

End Date: August 2022

Commitment: A minimum of 18-20 hours per week for the duration of the program; hours adjustable to meet internship requirements. Interns/Externs are required to attend clinical training, supervision and case consultations. A full clinical caseload is considered 12 client hours per week. Vacations and holidays are encouraged, however no more than two consecutive weeks will be allowed due to clinical coverage issues. Highly qualified candidates who would like to start in Summer or Winter are encouraged to apply.

At this time PS-WA does not currently have an administrative office for general day to day to work. Most of the clinical program will be remote or embedded at local partner organization locations. Team meetings, training, and supervision will be held in our North Seattle office (or virtual following public recommendations). Some work space is available on team meeting days and as available based on office schedules.

Qualifications

- Interns- 2nd year students enrolled in a Masters degree program in clinical psychology, counseling psychology or social work. At this time we are not accepting 1st year students.
- Externs- Masters degree in clinical therapy program
- Ability to maintain a caseload of 12 client hours a week plus meetings and admin time
- Strong clinical skills.
- Experience working with LGBTQIA community.
- Experience and commitment to social justice and working with diverse, underserved communities.
- Works well in a group and independently.

Desired Qualifications

- Bi-lingual in Spanish, Oroma, Somali, or other languages.
- Experience working with pregnant or new parents.
- Desire to continue to work in the perinatal mental health field after completion of the training program.

Compensation

Clinicians who participate in this program will receive a unique opportunity to gain perinatal mental health training and experience.

Interns: \$1200 yearly stipend (\$100 per month).

Externs: Up to \$4320 yearly stipend based on experience and desired qualifications.

Weekly clinical supervision with WA state approved supervisor.

Approx 15-30 CEUs available throughout the year at no cost

Group Supervision with WA state approved supervisor.

Approx 80 clinical supervision hours provided throughout the year.

Mileage reimbursement for home/community based visits.

Application Instructions

To apply, please send a resume and cover letter to Mia.Edidin@perinatal-support.org with "PMH Intern/Extern" in the subject line. Intern and Extern Position will be open until filled. Applications accepted beginning Feb 15th and Interviews will begin early March. Intern Hiring Goal April 15th, Extern Hiring Goal: June 15th.

*Perinatal Support Washington is an Equal Opportunity Employer. People of color, of any sexual orientation or gender identity, from under-represented communities, and people with diverse life experiences are **encouraged** to apply.*