



## PARTNER WITH WASHINGTON'S LEADING PERINATAL MENTAL HEALTH PROVIDERS

Perinatal Support Washington (PS-WA) is a nonprofit organization committed to shining a light on parent's mental health in the perinatal (preconception - child age 2) period to support all families and communities. We have been serving families experiencing pregnancy and postpartum mental health illnesses since 1989.

We are a vital community resource that has built trust. We support people in the emotional transition to parenthood, including those experiencing depression, anxiety, loss, infertility, trauma, and more.



### Our Programs

- ✓ Low or no-cost therapy
- ✓ Toll free parent support Warm Line
- ✓ Support groups
- ✓ Training for new therapists
- ✓ One-on-one support for families
- ✓ Culturally-matched peer support

### Our Reach

- ✓ 3,200+ Facebook Followers
- ✓ 1,450+ Instagram Followers
- ✓ 2,000+ People Served Annually
- ✓ 45,000+ Website Visits Annually
- ✓ 18,000+ Brochures Distributed
- ✓ Serving all of Washington State



1-888-404-7763 ext. 3

Contact Us



[perinatalsupport.org](https://perinatalsupport.org)



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## Why Sponsor Perinatal Support Washington

Approximately 1 in 5 mothers and 1 in 10 fathers will experience a postpartum mood and anxiety disorder making this the #1 complication of pregnancy. If left undetected and inadequately treated, these mental health issues can hinder infant care and cause suffering throughout entire families. However, we know that with early detection and appropriate treatment, families can thrive instead of just survive.

With your support, we can care for more families by sustaining and expanding our critical services to create a wide safety net for those struggling with their mental health. While this issue can be frequently ignored, in collaboration with key partners like you, we are bringing attention to this issue, reducing isolation and lack of support, reducing stigma, preventing family crises and adverse childhood experiences, and providing parents with life-changing care. We are asking you to partner with us today.

### Sponsor Levels

Benefits	\$10,000	\$7,500	\$5,000	\$2,500	\$1,000
<i>Custom PS-WA presentation for employees</i>	✓				
<i>Sponsor a training</i>	✓	✓			
<i>Logo recognition w/ hyperlink on website, e-newsletters, and annual report</i>	✓	✓	✓		
<i>Text recognition w/ hyperlink on website</i>	✓	✓	✓	✓	
<i>Feature thank you on social media</i>	✓	✓	✓	✓	✓



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